

# Meals /Food Assistance

Organization	What do they offer?	Address / Hours	Phone	Email	Website
Assistance Center of Collin County	Offer free food, shelter and clothing to low income and other qualified applicants. They can refer to other Texas and federal programs as well as local charities.		972-422-1850		<a href="http://assistancecenter.org">assistancecenter.org</a>
Baby Booties Diaper Bank	Provides free diapers, wipes, and potty training readiness kits for the infants and toddlers of Collin County. Registration is completed online through SignUp Genius.		469-939-9316	info@babybootiesdiaperbank.org	Must email for link to register
Community Food Pantry of McKinney	Food, grocery cards.	307 Smith St, McKinney TX 75069 Hours: Monday - Friday, 1pm-3pm	972-547-4404		<a href="http://www.community-foodpantry.org/index.html">http://www.community-foodpantry.org/index.html</a>
Community Lifeline Center	Food, rent and utility assistance, hygiene products. Fill out a Bi-weekly Food Box Application on their website and then call the office to schedule a pick up.	1601 N Waddill Street, Suite 102, McKinney TX 75069 Hours: By Appointment	972-542-0020		<a href="http://www.communitylifeline.org">www.communitylifeline.org</a>
Cornerstone	Shares the Gospel and helps family units escape the cycle of poverty permanently, by providing resources, tools, and education.	304 E. First St. Prosper, TX 75078	214-682-9311	info@cornerstonenct.org	<a href="http://www.cornerstonenct.org">www.cornerstonenct.org</a>
COVID-19 North Texas Relief	Senior citizens and those immunocompromised in Frisco, McKinney, Plano and Allen and surrounding areas can post their needs on the COVID-19 North Texas Relief facebook page and members of the group can volunteer to help. EX: post grocery list and someone would collect funds, purchase them and deliver them.				<a href="https://www.facebook.com/groups/818687131950687">www.facebook.com/groups/818687131950687</a>
Crush Taco	8-10 lb box of produce for only \$20 on Wednesday, March 25. 11am-2pm.	11445 Dallas Parkway, Frisco	469-579-4094		
Frisco Family Services Food Pantry	Free food. Must apply with FFS. Serving Frisco and FISD.	Monday - Friday 10am - 4pm	972-335-9495		<a href="http://friscofamilyservices.org">friscofamilyservices.org</a>

## Meals/Food Assistance cont.

GraceBridge	People Caring for People. Families Serving Families. Companies Impacting Communities. Hope Served Here. Grace Bridge is a volunteer based organization equipping neighbors to help neighbors. We seek to serve hope to those in our community who are in need of assistance. Our goal is not to simply distribute food and other material goods, but to develop lasting relationships that over time will encourage those who receive help to return and help others.	Corporate/Mailing Address: 9300 Wade Blvd., Suite 330 Frisco, TX 75035 Distribution Center Address: 319 W. Walnut Celina, TX 75009	214-425-9423 info@gracebridge.us	<a href="http://www.gracebridge.us">www.gracebridge.us</a>
Local Education Agencies (LEAs) and the Texas Education Agency (TEA)	School meal assistance			<a href="https://schoolmealfinder.hoonuit.com/?filter_state=tx">https://schoolmealfinder.hoonuit.com/?filter_state=tx</a>
Minnies Food Pantry	Serving all of North Texas. May pick up food 1 X per month. Bring photo id and utility bill or lease.	661 18th Street, Plano Monday - Saturday 8:30am - 11am	972-596-0253	<a href="http://minniesfoodpantry.org">minniesfoodpantry.org</a>
North Texas Food Bank	emergency food call 211		214-330.1396	<a href="https://ntfb.org/our-programs/get-food-assistance/">https://ntfb.org/our-programs/get-food-assistance/</a>
Our Calling	\$1.25 feeds one person		214-444-8796	<a href="http://www.ourcalling.org">www.ourcalling.org</a>
Revolution Church Food Pantry	Food. Food is distributed with a drive-thru service.	2705 Virginia Parkway McKinney TX Hours: 1st & 3rd Saturday / mo 8am-12pm	214-856-4338	<a href="https://revchurchtx.com/ministries/revolution-food-pantry">https://revchurchtx.com/ministries/revolution-food-pantry</a>
Salvation Army	Food, rent assistance. Food is distributed using curbside and drive-through services.	600 Wilson Creek Pkwy McKinney TX 75069 Hours: Monday-Thursday 9am-12pm	972-542-6694	<a href="http://www.salvationarmydfw.org/p/locations/mckinney">www.salvationarmydfw.org/p/locations/mckinney</a>
Seven Loaves Food Pantry	Food, hygiene products. Pre-packed bags of food will be distributed using an outdoor, walk-up model.	1401 Mira Vista Blvd, Plano TX 75093 Hours: Thursdays 4pm-6pm, Saturdays 9am-11am	469-385-1815	<a href="https://www.thestorehousecc.org/seven-loaves-food-pantry">https://www.thestorehousecc.org/seven-loaves-food-pantry</a>
United Way - Denton County	Health, Meals, Childcare, etc		940-566-5851	<a href="https://www.unitedwaydenton.org/covid-19-resources">https://www.unitedwaydenton.org/covid-19-resources</a>

# Community Assistance

Organization	What do they offer?	Address / Hours	Phone	Email	Website
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Baby Booties Diaper Bank	Provides free diapers, wipes, and potty training readiness kits for the infants and toddlers of Collin County. Registration is completed online through SignUp Genius.		469-939-9316	<a href="mailto:info@babybootiesdiaperbank.org">info@babybootiesdiaperbank.org</a>	
Community Food Pantry of McKinney	Food, grocery cards.	Address: 307 Smith St, McKinney TX 75069 Monday - Friday: 1 pm - 3 pm	972-547-4404		<a href="http://www.community-foodpantry.org/index.html">http://www.community-foodpantry.org/index.html</a>
Community Lifeline Center	Food, rent and utility assistance, hygiene products. Fill out a Bi-weekly Food Box Application on their website and then call the office to schedule a pick up.	Address: 1601 N Waddill St Ste 102 McKinney TX 75069 Hours: By Appointment	972-542-0020		<a href="http://www.communitylifeline.org">www.communitylifeline.org</a>
Cornerstone	Shares the Gospel and helps family units escape the cycle of poverty permanently, by providing resources, tools, and education.	Address: 304 E. First Street Prosper, TX 75078	214-682-9311	<a href="mailto:info@cornerstonenct.org">info@cornerstonenct.org</a>	<a href="http://www.cornerstonenct.org">www.cornerstonenct.org</a>
COVID-19 North Texas Relief	Senior citizens and those immunocompromised in Frisco, McKinney, Plano and Allen and surrounding areas can post their needs on the COVID-19 North Texas Relief facebook page and members of the group can volunteer to help. EX: post grocery list and someone would collect funds, purchase them and deliver them.				Facebook <a href="https://www.facebook.com/groups/818687131950687">www.facebook.com/groups/818687131950687</a>
Crush Taco	8-10 lb box of produce for only \$20 on Wednesday, March 25. 11am-2pm.	Address: 11445 Dallas Parkway, Frisco, TX	469-579-4094		
Frisco Family Services Food Pantry	Free food. Must apply with FFS. Serving Frisco and FISD.	Monday - Friday 10am - 4pm	972-335-9495		<a href="http://friscofamilyservices.org">friscofamilyservices.org</a>

## Community Assistance cont.

GraceBridge	People Caring for People. Families Serving Families. Companies Impacting Communities. Hope Served Here. Grace Bridge is a volunteer based organization equipping neighbors to help neighbors. We seek to serve hope to those in our community who are in need of assistance. Our goal is not to simply distribute food and other material goods, but to develop lasting relationships that over time will encourage those who receive help to return and help others.	Corporate/Mailing Address: 9300 Wade Blvd., Suite 330 Frisco, TX 75035 Distribution Center Address: 319 W. Walnut Celina, TX 75009	214-425-9423	info@gracebridge.us	<a href="http://www.gracebridge.us">www.gracebridge.us</a>
Local Education Agencies (LEAs) and the Texas Education Agency (TEA)	School meal assistance				<a href="https://schoolmealfinder.hoonuit.com/?filter_state=tx">https://schoolmealfinder.hoonuit.com/?filter_state=tx</a>
Minnies Food Pantry	Serving all of North Texas. May pick up food 1 X per month. Bring photo id and utility bill or lease.	Address: 661 18 St, Plano, TX Monday - Saturday 8:30am -11am	972-596-0253		<a href="http://minniesfoodpantry.org">minniesfoodpantry.org</a>
North Texas Food Bank	emergency food call 211		214-330.1396		<a href="https://ntfb.org/our-programs/get-food-assistance/">https://ntfb.org/our-programs/get-food-assistance/</a>
Our Calling	\$1.25 feeds one person		214-444-8796		<a href="http://www.ourcalling.org">www.ourcalling.org</a>
Revolution Church Food Pantry	Food. Food is distributed with a drive-thru service.	Address: 2705 Virginia Parkway McKinney, TX Hours: First and third Saturday of the month, 8am-12pm	214-856-4338		<a href="https://revchurchtx.com/ministries/revolution-food-pantry">https://revchurchtx.com/ministries/revolution-food-pantry</a>
Salvation Army	Food, rent assistance. Food is distributed using curbside and drive-through services.	Address: 600 Wilson Creek Pkwy, McKinney TX 75069 Hrs: Monday-Thursday, 9am-12pm	972-542-6694		<a href="http://www.salvationarmydfw.org/p/locations/mckinney">www.salvationarmydfw.org/p/locations/mckinney</a>
Seven Loaves Food Pantry	Food, hygiene products. Pre-packed bags of food will be distributed using an outdoor, walk-up model.	Location: 1401 Mira Vista Blvd, Plano TX 75093 Hrs: Thursdays 4pm-6pm, Saturdays 9am-11am.	469-385-1815		<a href="https://www.thestorehousecc.org/seven-loaves-food-pantry">https://www.thestorehousecc.org/seven-loaves-food-pantry</a>
United Way - Denton County	Health, Meals, Childcare, etc		940-566-5851		<a href="https://www.unitedwaydenton.org/covid-19-resources">https://www.unitedwaydenton.org/covid-19-resources</a>

# Mortgage/Rent Assistance

Organization	Assistance / Service	Address / Hours	Phone	Email	Website
Assistance Center of Collin County	Some housing assistance including grants for paying rent or funds for security deposits for the currently homeless. They also have information on Collin County Transitional housing.		972-422-1800		<a href="http://assistancecenter.org">assistancecenter.org</a>
Cornerstone	Shares the Gospel and helps family units escape the cycle of poverty permanently, by providing resources, tools, and education.	304 E. First St. Prosper, TX 75078	214-682-9311	info@cornerstonect.org	<a href="http://www.cornerstonect.org">www.cornerstonect.org</a>
Frisco Family Services	Assistance with mortgage and/or rent and utilities. Apply in person for assistance and make an appointment. Serving families of Frisco / FISD.		972-335-9495		<a href="http://friscofamilyservices.org">friscofamilyservices.org</a>
GraceBridge	People Caring for People. Families Serving Families. Companies Impacting Communities. Hope Served Here. Grace Bridge is a volunteer based organization equipping neighbors to help neighbors. We seek to serve hope to those in our community who are in need of assistance. Our goal is not to simply distribute food and other material goods, but to develop lasting relationships that over time will encourage those who receive help to return and help others.	Corporate/Mailing Address: 9300 Wade Blvd., Suite 330, Frisco, TX 75035 Distribution Center Address: 319 W. Walnut Celina, TX 75009	214-425-9423	info@gracebridge.us	<a href="http://www.gracebridge.us">www.gracebridge.us</a>
Hopes Door	Shelter and counseling services		972-422-2911		<a href="http://hdnbc.org">hdnbc.org</a>

# Social Services

Need	Organization	What do they offer?	Phone	Email	Website
Doctor / Nurse Contact	Cigna / American Well (AmWell) and MD Live	No co-pay, talk to doctor through smartphone or video-enabled computer			<a href="https://www.friscotexas.gov/1334/Telehealth">https://www.friscotexas.gov/1334/Telehealth</a>
Anxiety / Depression	PhDs and MDs throughout US	online therapy			<a href="https://www.crisistextline.org/">https://www.crisistextline.org/</a>
Counseling	Trained psychologists, therapists & social workers	online therapy, video chat is available			<a href="https://www.betterhelp.com/">https://www.betterhelp.com/</a>
Anxiety & stress	Trained / licensed therapists	COVID-19 stress & anxiety management; Special Offer: Get \$100 off with code 1004U			<a href="https://www.talkspace.com/">https://www.talkspace.com/</a>
Suicide	National Suicide Hotline	Online therapist	800-273-8255		
Child Abuse	Department of Family & Protective Services	Report emergency child abuse	800-252-5400		<a href="https://www.dfps.state.tx.us/Contact_Us/report_abuse.asp">https://www.dfps.state.tx.us/Contact_Us/report_abuse.asp</a>
Family Violence	National Domestic Violence Hotline	Chat online or call	800-799-7233		<a href="https://www.thehotline.org/help/">https://www.thehotline.org/help/</a>
Medication	Frisco Family Services	Medication assistance may be provided for qualifying families. Must come into office to apply Serving Frisco and FISD.	972-335-9495		<a href="http://friscofamilyservices.org">friscofamilyservices.org</a>
Medical	Assistance Center of Collin County	Offer low income and other qualified applicants with emergency medicine and access to medical and social services. They can refer other Texas and federal programs as well as local charities.	972-422-1850		<a href="http://assistancecenter.org">assistancecenter.org</a>
Anxiety	Cigna	For individuals who do not have health benefits or employee assistance program benefits through Cigna but could benefit from talking with a qualified representative. Available 24/7	866-912-1687		<a href="https://www.cigna.com/newsroom/news-releases/2020/cigna-takes-additional-actions-to-protect-customers-and-communities-against-covid-19">https://www.cigna.com/newsroom/news-releases/2020/cigna-takes-additional-actions-to-protect-customers-and-communities-against-covid-19</a>
Anxiety	United Healthcare	Available 24/7 for non-UnitedHealthcare clients and customers. Emotional support line with specially trained mental health professionals.	866-342-6892		<a href="https://www.friscochamber.com/coronavirus/">https://www.friscochamber.com/coronavirus/</a>
COVID-19 symptom checker	CDC	Help determine what to do if suspect have COVID-19. Click on Coronavirus Self Checker.	800-232-4636		<a href="https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/index.html">https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/index.html</a>
Mental Health Resources/Health Resources	United Way - Denton County	Multiple services	940-566-5851		<a href="https://www.unitedwaydenton.org/covid-19-resources">https://www.unitedwaydenton.org/covid-19-resources</a>
Group support	Celebrate Recovery	Christ centered 12 step program	972-207-7025 - women	<a href="mailto:texasgills@hotmail.com">texasgills@hotmail.com</a>	
Group support	Celebrate Recovery	Christ centered 12 step program	972-207-7614 - men	<a href="mailto:dangillz@yahoo.com">dangillz@yahoo.com</a>	

# Government Financial Assistance

Need	Organization	What do they offer?	Phone	Email	Website
Resource information	211	Connects people to resources assisting with financial, food, and health services. This extends support beyond the COVID-19 pandemic.	211 or 1-877-541-7905		<a href="http://211.org/services/covid19">http://211.org/services/covid19</a>
Student loans assistance	Federal Government	60-day relief from incurring interest or penalties			<a href="https://studentaid.gov/manage-loans/forgiveness-cancellation/public-service">https://studentaid.gov/manage-loans/forgiveness-cancellation/public-service</a>
Improved Unemployment Program	Federal Government	The CARES Act creates a new Pandemic Unemployment Assistance Program that will cover individuals who wouldn't normally be eligible for traditional Unemployment Insurance benefits.	972-202-4150		<a href="https://vantaylor.house.gov/covid19updates/covid19families.htm">https://vantaylor.house.gov/covid19updates/covid19families.htm</a>
Financial	Federal Government	<p>Modifications to Retirement Plan Rules</p> <p>H.R. 748 enables Americans to tap into their 401(k)s, IRAs, and other qualified retirement accounts for up to \$100,000 for the entirety of 2020 without facing a 10% penalty for early withdrawals.</p>	972-202-4150		<a href="https://vantaylor.house.gov/covid19updates/covid19families.htm">https://vantaylor.house.gov/covid19updates/covid19families.htm</a>
Student loan assistance	Federal Student Aid U.S. Department of Education	<p>Temporarily forbearance on student interest</p> <p>As of 3/25: <b>Interest</b> will not accrue on federally held student loans for at least 60 days, beginning on March 13, 2020. ED may extend that period, depending on the status of the COVID-19 national emergency.</p> <p>As of 3/25: <b>Payments</b> - If you request an administrative forbearance, you will not have any payments due for as long as the administrative forbearance lasts.</p>	Please read the detailed information to determine which number applies to your situation.		<a href="https://studentaid.gov/announcements-events/coronavirus#borrower-questions">https://studentaid.gov/announcements-events/coronavirus#borrower-questions</a>
	IRS	<p>Rebate Checks</p> <p>Under the CARES Act, all Americans with a valid Social Security Number who meet certain income thresholds will receive a one-time rebate check of \$1,200 per adult, or \$2,400 per married couple, and \$500 for each child</p>	972-202-4150		<a href="https://vantaylor.house.gov/covid19updates/covid19families.htm">https://vantaylor.house.gov/covid19updates/covid19families.htm</a>

## Government Financial Assistance cont.

SBA low-interest disaster loans	Small Business Association	Low interest loans		<a href="https://sba.gov">sba.gov</a>
Unemployment	Texas Workforce Commission	Unemployment benefits; assistance in finding a job	800-939-6631	<a href="https://twc.texas.gov/news/unemployment-news">https://twc.texas.gov/news/unemployment-news</a>
	U.S. House Representative for Collin County	Includes daily updates on government response to COVID-19 including specific links concerning Workers, Business, Families, Healthcare, Seniors, Veterans, Travel and General Updates. <i>You can sign up to receive more information via email alerts</i> <a href="https://vantaylor.house.gov/forms/emailsignup/">https://vantaylor.house.gov/forms/emailsignup/</a>	972-202-4150	<a href="https://vantaylor.house.gov/coronavirus/">https://vantaylor.house.gov/coronavirus/</a>
Job Loss Assistance	United Way - Denton County	Resources	940-566-5851	<a href="https://www.unitedwaydenton.org/covid-19-resources">https://www.unitedwaydenton.org/covid-19-resources</a>



# Jobs

Organization	What do they offer?	Website	Phone or Email Contact
Amazon	Full and parttime fulfillment and delivery positions	amazon.jobs	
Announced via WFAA	variety of jobs	<a href="http://workintexas.com">workintexas.com</a>	
CareerOneStop	An unemployment benefits finder sponsored by the US Department of Labor.  Multiple job finder links partnering with the AmericanJobFinders network.	<a href="https://www.careeronestop.org/LocalHelp/UnemploymentBenefits/find-unemployment-benefits.aspx?location=TX&amp;persist=">https://www.careeronestop.org/LocalHelp/UnemploymentBenefits/find-unemployment-benefits.aspx?location=TX&amp;persist=</a>	
Communities Foundation - Get Shift Done - a program created for out of work hospitality/restaurant workers	Paid jobs for restaurant/hospitality industry folks. They are doing the work that volunteers typically do, while the volunteer workforce has declined due to the virus.	<a href="http://getshiftdone.org">getshiftdone.org</a>	
Family and Medical Leave Act (FMLA)	Questions and answers on leave for those with the virus or caring for family members. See the U.S. Department of Labor Wage and Hour Division or call 1-866-487-9243 for additional information on FMLA	<a href="https://www.dol.gov/agencies/whd/fmla/pandemic">https://www.dol.gov/agencies/whd/fmla/pandemic</a>	1-866-487-9243
Frisco Chamber of Commerce Job Bank	A list of jobs offerings currently in the area	<a href="https://external.friscochamber.com/jobbank/joblistings.aspx">https://external.friscochamber.com/jobbank/joblistings.aspx</a>	n/a
Imperfect Foods	Hiring Delivery Drivers	<a href="https://jobs.lever.co/imperfectfoods/f28d39b1-3314-44ed-a7ce-470b913e0cec">https://jobs.lever.co/imperfectfoods/f28d39b1-3314-44ed-a7ce-470b913e0cec</a>	
Kroger	Hiring e-Commerce Clerks (pull items for customers' online orders)	<a href="https://jobs.kroger.com/kroger/job/Frisco-e-Commerce-Clerk-TX-75034/641832300/">https://jobs.kroger.com/kroger/job/Frisco-e-Commerce-Clerk-TX-75034/641832300/</a>	n/a
Texas Workforce Commission	The Texas Unemployment Insurance (UI) program pays benefits to those individuals who lost their jobs through no fault of their own.	<a href="https://twc.texas.gov/news/covid-19-resources-job-seekers#unemploymentBenefits">https://twc.texas.gov/news/covid-19-resources-job-seekers#unemploymentBenefits</a>	1-800-939-6631 Tele-center is available from 8 a.m.-6 p.m. Central Time Monday through Friday.
United Way of Dallas	Variety of job listings, resources, etc	<a href="https://unitedwaydallas.org/updates/coronavirus-employment-resources/">https://unitedwaydallas.org/updates/coronavirus-employment-resources/</a>	